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**SHREE JAGADGURU GAVISIDDHESHWARA AYURVEDIC
MEDICAL COLLEGE, HOSPITAL, POST GRADUATE
STUDIES & RESEARCH CENTRE, KOPPAL – 583231**
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We express our heartfelt gratitude to **Shree Jagadguru Gavisiddheswara Swamiji**, whose spiritual wisdom and guidance remain a constant source of inspiration in our journey toward holistic wellness.

With reverence, we acknowledge the blessings of **Lord Dhanvantari**, the celestial healer, whose teachings illuminate the significance of harmony between the mind and body.

We extend our deep appreciation to our College Chairman, **Shri Sanjay Kotbal sir**, for his unwavering support and encouragement, and to our **Chief Editor, Dr. M.M. Salimath sir**, for shaping the vision of this magazine and guiding it with immense dedication.

Our sincere thanks go to the **Editorial Members**, who brought invaluable insights and passion to this edition, ensuring that it resonates deeply with our readers.

A special mention goes to the **staff, PG Scholars, UG Students and Interns of SJGAMC**, whose enthusiasm and contributions enriched this edition with thoughtful and inspiring articles. We are equally grateful to our beloved Principal & Vice Principal, whose leadership has been instrumental in bringing this vision to fruition.

To our readers, we owe our deepest gratitude for your unwavering support and belief in our mission. Your encouragement drives us to excel and present meaningful content with each edition.

Finally, a heartfelt thank you to the entire **GAVI KALPATARU** team for their relentless efforts in making this edition a true celebration of the power and potential of Manasika Prakruti.

Thank you all for being an integral part of this journey.

With Warm regards,
The Editor In charge
Dr. Shridharaiah MH
February Edition, 2025

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Principal & Editor's Letter



Dear Readers,

As we step into the vibrant month of February, I extend my heartfelt greetings to all students, faculty, and readers of *Gavi Kalpataru*. This month is a celebration of growth, learning, and the spirit of innovation. It is also a time to reflect on our goals and aspirations as we move forward in this academic year.

February marks the transition from the Vigor of the new year to a period of deep engagement with our studies, research, and extracurricular pursuits. It is a time when knowledge and creativity intertwine to shape our future. Through this edition, we explore insightful themes that enrich our understanding of the world and ourselves.

I commend the editorial team for their dedication in curating thought-provoking articles, literary expressions, and creative contributions from our talented students and faculty. May this magazine continue to be a source of inspiration and learning for all.

Wishing you all a month filled with wisdom, success, and positivity.

Warm regards,

Dr. M. M. Salimath

Principal & Chief Editor

The image features a globe as the central element, showing the Americas and parts of Europe and Africa. The globe is set against a background of a newspaper with various headlines. A white rectangular box with a thin blue border is centered over the globe, containing the title 'News Bites' and a subtitle.

News Bites

A cozy spot for latest updates.

Health Checkup Camp Conducted by Dept. of Shalakyatantra at Educare Primary School, Koppal



Koppal, Karnataka – January 30, 2025: The Department of Shalakyatantra from Shree Jagadguru Gavisiddheshwara Ayurvedic Medical College & Hospital successfully conducted a school health checkup camp at Educare Primary School, Koppal.

The camp, which took place on January 30, 2025, focused on screening children for eye, ENT, and oral cavity issues. A team of expert doctors and medical staff examined around 350 students, ensuring early detection of potential health concerns.

The initiative aimed to promote awareness among children and their parents regarding the importance of regular health checkups.

Students underwent vision tests, ENT examinations, and oral health screenings. The medical team provided guidance on preventive healthcare and the importance of maintaining good hygiene practices.

Speaking about the event, the organizing team emphasized the necessity of early diagnosis and timely intervention in children's health. They also expressed their commitment to continuing such outreach programs in the future.

The school authorities and parents appreciated the efforts of the Shalakyatantra department for their dedication to children's well-being. The camp was a significant step toward ensuring better health outcomes for young students in the community.

Empowering Scholars: Dr. Kedareshvar Dandin's Inspiring Talk at SAMSKARA 2025

Koppal, February 1, 2025 – As part of the SAMSKARA 2025 Transitional Curriculum, postgraduate scholars at SJG Ayurvedic Medical College, Koppal had the privilege of attending an insightful session on *Professional & Life Skills* by Dr. Kedareshvar Dandin, National Trainer, JCI India.

The session focused on *personal growth, time management, personality development, rational thinking, and decision-making*, equipping scholars with essential skills to excel in both their academic and personal lives.

Dr. Dandin captivated the audience with his engaging delivery, real-life examples, and practical strategies for success. He emphasized the importance of *self-discipline, goal setting, and emotional resilience*, encouraging students to adopt a *structured approach to time management* to balance their studies, research, and personal commitments effectively.



A key highlight of the session was the discussion on *rational thinking and decision-making*, where Dr. Dandin stressed the importance of *critical analysis and logical reasoning*—vital skills for medical professionals. He also addressed personal challenges faced by scholars, offering guidance on *overcoming stress, building confidence, and maintaining a positive outlook*.

The interactive nature of the session allowed students to actively engage, ask questions, and gain deeper insights into their professional and personal development. The session concluded with a note of gratitude for Dr. Kedaresvar Dandin, whose insights left a lasting impact on the scholars.

The *SAMSKARA 2025 Transitional Curriculum* at *SJG AMC, Koppal*, continues its commitment to *holistic education* by integrating such motivational sessions, ensuring that scholars are well-equipped to face future challenges with confidence and determination.

Free Health Checkup Camp Organized at Arunachatana Daycare Centre, Koppal



Koppal, 17th February 2025: A free health checkup camp was successfully organized at Arunachatana Daycare Centre, Koppal, by Arogya Bharati, Koppal, in collaboration with Shree Jagadguru Gavisiddeshwara Ayurvedic Medical College & Hospital, Koppal. The initiative aimed at ensuring the well-being of children and their parents by providing essential health assessments and consultations.



A total of 17 children and parents participated in the camp, benefiting from expert medical advice. Renuka

Madam from Hindu Seva Pratishthana, Koppal, and Sharda Panaganti Madam from Ghanti Foundation, Bhagyanagar, graced the occasion with their presence, encouraging the noble cause of child healthcare and wellness.

Dr. Suryanarayan, paediatrician from Shree Jagadguru Gavisiddeshwara Ayurvedic Medical College & Hospital, Koppal, led the health checkups, supported by a team of enthusiastic medical college students. The assessments focused on the overall health of the children, ensuring early detection and prevention of potential health issues.

The camp received positive responses from parents, who appreciated the efforts of the organizers in promoting child healthcare. Such initiatives play a crucial role in spreading

health awareness and ensuring a healthier future for young children.

Faculty Development Program at SJGAMC Koppal Enhances Teaching Excellence



Koppal, February 2025 – Sri Jagadguru Gavisiddheshwara Ayurvedic Medical College (SJGAMC), Koppal, successfully conducted a **Faculty Development Program (FDP) on Basic Course in Educational Methodology** in two sessions, held on **February 3rd–4th and February 7th–8th, 2025**. Sponsored by **RAATI-LMS-RGUHS**, the FDP aimed at equipping faculty members with modern teaching strategies, student assessment techniques, and innovative learning methodologies.

The first session, on **February 3rd and 4th**, was led by

Dr. Satish Patil and Dr. R. Sreevani, Key topics included **Bloom's Taxonomy, Guilbert's Hierarchy, Teaching-Learning (T-L) Methods, Educational Objectives, and Micro-Teaching**. The session also incorporated interactive group tasks, enhancing faculty engagement and practical application of concepts.

The second session, on **February 7th and 8th**, was conducted by **Prof. Dr. Kirankumar C.G. and Dr. Shilpa K.**, focusing on **Principles of Student Assessment, Theory-Based Assessment, Practical/Clinical Assessment Models, and Conducting Viva**. Faculty members also participated in **micro-teaching sessions**, allowing them to apply the skills learned in a simulated environment.

The FDP concluded with a valedictory session, where participants reflected on their learning experiences and the impact of the training on their teaching methods. The initiative was well received, with faculty members appreciating the structured approach and practical insights provided by the expert trainers.

This program reinforces **SJGAMC Koppal's commitment to faculty development and academic excellence**, ensuring continuous improvement in medical education.



By integrating modern pedagogical techniques, the institution continues to foster an enriching learning environment for students.

SJGAMC Koppal Organized Panchakarma Therapists Training Program



Koppal, February 4, 2025: Shree Jagadguru Gavisiddheshwara Ayurvedic Medical College, Hospital, and Research Centre (SJGAMC), Koppal, successfully conducted a **four-day workshop for Panchakarma therapists** from **February 1 to February 4, 2025**. The training program aimed to enhance practical skills and treatment efficacy among Ayurvedic therapists.

The event was coordinated by **Dr. Suresh N. Hakkandi** and involved **six faculty members**, including **Dr. Latha L.U., Dr. Smitha, Dr. Radha S., Dr. Priyanka, and Dr. Veerabhadra**. A total of **13**

therapists benefited from the workshop, gaining hands-on experience in Ayurvedic procedures.

Participants, including **Shankar H, Nagaraj NC, Siddalingappa, Basavaraj Gondi, Laxman, Nagaraj I, Hariprasad H.B, Kanakamma, Shanta Pujar, Shamshad, Tayamma, Akshata, and Kalavati**, received comprehensive training, strengthening their expertise in traditional healing methods.

Prasravana 2025 National Seminar – The Vital Flow: A Resounding Success



The **National Seminar on Mutravaha Srotas – Prasravana 2025** was successfully organized by the **Departments of Rachana Shareera, Kriya Shareera, Kayachikitsa, Panchakarma, and Shalya Tantra** of **Shree Jagadguru Gavishiddheshwara Ayurvedic Medical College & Hospital, Koppal** on **February 13th & 14th, 2025**. This landmark

event provided a dynamic platform for **academicians, researchers, and practitioners** from across the country to engage in enriching discussions on the anatomical, physiological, and

pathological aspects of **Mutravaha Srotas** through **Ayurvedic and modern perspectives**.

Aims & Objectives

The seminar aimed to:

- Enhance understanding of **urinary system health** in Ayurveda and modern medicine.
- Explore **recent advancements** in diagnosis, treatment, and management of **Mutravaha Srotovikaras**.
- Foster **interdisciplinary collaboration** between Ayurveda and modern medicine.

Pre-Seminar Engagement & Online Paper Presentations

In the lead-up to the seminar, the **organizing team visited multiple Ayurvedic colleges across Karnataka**, extending invitations and fostering academic interest. Additionally, an **online paper presentation competition** was held on **February 11th, 2025**, attracting **120 research presentations across nine sessions**. Each session featured an esteemed chairperson and co-chairperson, who provided valuable insights and feedback.

Grand Inauguration & Day 1 Highlights

The seminar commenced with an **inaugural ceremony** featuring a **Bharatanatyam performance** and a **traditional plant-watering ritual**. Distinguished guests including **Dr. Prasanna Narasimha Rao**, **Dr. S.N. Gupta**, **Shri Sanjay Kotbal**, **Shri Mahesh Mudgal**, **Dr. Mahantesh M. Salimath**, and **Dr. Suresh Hakkandi** graced the event.



The first day's **scientific sessions** included thought-provoking lectures by:

- **Dr. S.N. Gupta** on **"Management of Chronic Kidney Disease"**
- **Dr. Swapna B** on **"Role of Uttarabasti & Urethral Calibration in Urethral Stricture"**
- **Dr. Taranoom M. Patel** on **"Physiological Insights into Mutravaha Srotovikaras"**

The day concluded with **cultural events** and a visit to **Gavimath**, offering attendees a

glimpse into **Karnataka's rich heritage.**

Day 2: Knowledge Exchange & Spiritual Enlightenment

Day 2 commenced with an **offline poster presentation competition**, recognizing outstanding research contributions. The **scientific sessions** featured renowned speakers:

- **Dr. Avinash R. Odugouda** on "**Applied Aspects of the Urinary System**"
- **Dr. Shripati Adiga** on "**Panchakarma in Mutravaha Srotovikaras**"
- **Dr. Prasanna Kulkarni** on "**AI in Ayurveda**"

A special spiritual session by **Veeresh Devaru of Gavimath** emphasized the role of **doctors in society**, providing an **inspiring perspective** on the **humanitarian responsibilities** of healthcare professionals.

Valedictory Ceremony & Conclusion

The event concluded with a **panel discussion** moderated by **Dr. Suryanarayan**, followed by a **valedictory**

With **450 participants** from across India, **Prasravana 2025** was a **resounding success**, marking a **significant milestone** in advancing Ayurvedic knowledge on **urinary system health**. This seminar **strengthened academic collaboration**, **research innovation**, and **practical application**, setting a new benchmark for Ayurvedic education and practice.



Free Medical Camp Benefits 321 Villagers in Komalapura & Chittapura

Koppal, February 20, 2025: A free medical camp was successfully organized in Komalapur village, benefiting 321 people with essential healthcare services. The initiative was





led by **SJGAMC Koppal**, with active participation from medical professionals, postgraduate scholars, and interns.

The camp was graced by **Principal Dr. M. M. Salimath**, along with **Dr. Gavi Patil, Dr. Gururaj Natikar, Dr. Latha, Dr. Shridhar Hiremath, Dr. Akshatha Shirwar, Dr.**

Anisha S Ashraf, and Dr. Hanumantraya. Their collective expertise ensured that villagers received proper diagnosis, consultation, and treatment.

The event was made possible with the support of **Navapragati Mahila Mandal** and **Shri Chandrashekarayya Hiremath**, whose coordination played a vital role in the camp's success.

This initiative reflects **SJGAMC Koppal's** commitment to community welfare by extending healthcare services to rural areas, ensuring that people receive medical assistance free of cost. The institute expressed gratitude to all participants and organizers for making the camp a success.



Governor Shri C H Vijayshankar ji Lauds Social Initiative at SJGAMC Koppal



Koppal: The Excellency Governor of Meghalaya, Shri C H Vijayshankar, addressed students and NSS volunteers from

AIISH Mysore and SJGAMC Koppal during a special event as part of the *Sakala Chetana* initiative—a door-to-door survey aimed at distributing free hearing aids to those in need.

During his address, Governor Vijayshankar expressed his appreciation for the efforts of Gavimatha, SJGAMC Koppal, and AIISH Mysore in conducting this noble social service. He emphasized the importance of community outreach programs that bring healthcare and assistance to underprivileged sections of society.

The event saw active participation from students and volunteers, who have been diligently working on the field survey to identify beneficiaries of the *Sakala Chetana* program. The initiative aims to improve hearing health and awareness while ensuring that quality hearing

aids reach those who require them the most.

The Principal of SJGAMC Koppal, along with dignitaries and faculty members, was present to support the initiative. The Governor's words served as a great encouragement to the students and volunteers, motivating them to continue their service with dedication and commitment.

The *Sakala Chetana* camp stands as a shining example of how educational institutions, government bodies, and social organizations can come together to create meaningful change in society.

Jawahar Navodaya Vidyalaya Students Visit SJGAMC



Koppal, February 22, 2025: Students of 8th and 9th standard from Jawahar Navodaya Vidyalaya, Kukanur, visited Shree Jagadguru Gavisiddeshwara Ayurvedic Medical College (SJGAMC), Koppal, on an educational tour.

During the visit, **Principal Dr. M. M. Salimath** addressed the students, giving them insights into **Ayurvedic education, the institution's contributions to healthcare, and the cultural significance of Gavi Math**. The students toured the **college, hospital, and research center**, learning about the various aspects of Ayurveda and its applications in modern medicine.

Faculty members interacted with the students, answering their queries, and encouraging them to explore opportunities in traditional medicine. The visit provided a **valuable learning experience**, fostering awareness about **Ayurvedic science and holistic healing practices**.

SJGAMC Koppal continues to promote educational outreach, inspiring young minds to appreciate the rich heritage of Ayurveda and its relevance in today's world.

Book Exhibition and Sale at SJGAMC Koppal's Central Library



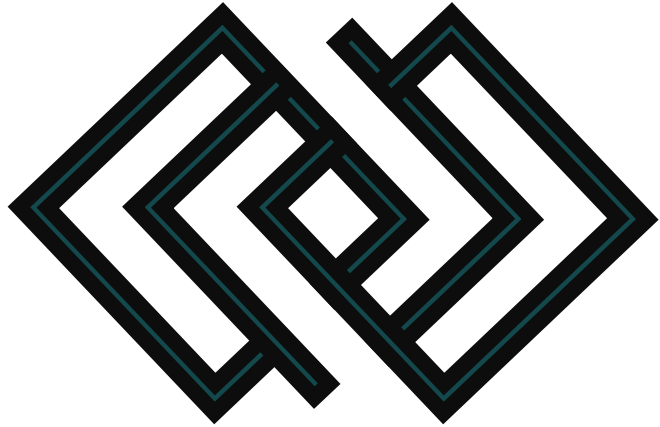
Koppal, February 25: The **Central Library of SJGAMC, Koppal**, organized a **Book Exhibition cum Sale on February 25**, offering students and faculty a wonderful opportunity to explore a wide range of books across various disciplines.



All **PG and UG Coordinators, faculty members, and students** were invited to gather **beside the AV Room at 11:45 AM** to take part in this literary event. The exhibition showcased an extensive collection of books, including academic resources, reference materials, and general reading, encouraging a culture of learning and intellectual growth.

The initiative aimed to promote reading habits and provide access to valuable books at discounted prices. The event saw enthusiastic participation, reflecting the institution's commitment to fostering knowledge and academic excellence.

The Central Library at **SJGAMC, Koppal**, continues to play a pivotal role in supporting students and faculty with valuable learning resources, ensuring a well-rounded educational experience.



Knowledge Hub

**EXPLORING IDEA AND
DISCOVERIES BY STAFF AND
STUDENTS**

“EVIDENCE BASED LITERARY RESEARCH ON EXPLORATION OF BHUTA, PISHAACHA, RAAKSHASA, GRAHA & PRETA WORD’S IN AYURVEDA W.S.R MICRO-ORGANISMS”

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ABSTRACT

In Ayurveda especially in Bruhatrayee’s & Bhaavaprakaasha nighantu we find the references of the words like Bhuta, Pishacha, Raakshasa, Graha, Preta etc. frequently in the Bruhatrayee’s & Bhaavaprakaasha nighantu. Literally speaking these are not the words used for the demons or evil spirits. If we scrutinize thoroughly the meanings given by the commentators of respective samhitas we understand that these are the names given to various micro-organisms which invade chetana yukta shareera, if the respective human beings or Animals or Plants immunity reduces. So the treatment mentioned are all by Krimighna dravyas and Rakshoghna dravyas in which there is a mention of Krimighna, Bhutanashana, Pishachanashana, Raakshasa nashana, Grahanaashana, Pretanashana in gunakarma explanation of dravyas or in the phalashruti of formulations. This itself gives a hint that Bhuta is not just a supernatural power or a demon etc. in the present situation of Janapadodhwansa when many medical systems are not able to prevent the community spread, application of concepts of Ayurveda principle’s plays a major role.

In this paper presentation the critical analysis will be done by collecting evidence from literary review on some selected words like Bhuta, Pishacha, Raakshasa, Graha, Preta etc. by knowing its exact nirukti by referring shabdakalpadruma, Amarakosha and the meaning given by the commentators of Bruhatrayee’s is compiled to establish the actual meaning of all these word’s which will results in strategizing and selecting various preventive & curative treatment modalities (ekamulika dravya or a compound formulation or a Dhupana karma or an Agada prayoga) needed to tackle janapadodwasa janita vyadhi w.s.r. to disorders caused by micro-organisms.

Key words: Micro-Organisms, Literary Research, Krimi, Bhuta, Raakshasa etc.

INTRODUCTION:

Globally, every third death is due from an infectious disease. In 1990, estimated 17 million deaths were due to communicable diseases, along with malnutrition and maternal and perinatal diseases, Janapadodhwamsa is one among the unique concept described in Ayurveda treatises which literally means affliction of people or community. Acharya Charaka, called it janapadodhwamsa, Acharya Sushruta called it Maraka and Acharya Bhela called it Janamaar. There are four factors that has been described which are common and essential for every living being i.e Vayu (air), Jala (water), Desha (land) and Kaala (season). Vitiating of these four common factors is the cause for Janapadodhwamsa. Foremost reason for Janapadodhwamsa has been described as Adharma (immorality) and the root cause of Adharma is said to be Pragyaparadha (delinquency of wisdom). Considering the note worthiness of Janapadodhwamsa, a whole chapter has been depicted in CharakaSamhita illustrating its onset, causes, peculiar features and management. Ayurveda is an ancient science which important in treating almost all types of diseases even viral diseases also. To manage Janapadodhwamsa it is advised to include the usage of Rasayanatherapy, Panchkarma procedures, SadvritPaalan (code of right conducts) and AacharaRasayana i.e behavioural therapy. Acharya Shushruta (The Father of Surgery) has explained Aupasargik Rogas are communicable diseases that spread through

direct contact or contaminated objects of patient. By physical contact, expired air, eating with others by sharing plates, sharing bed, clothes and cosmetics spread the communicable diseases from one person to another person.

There is lot of diversities in treatment modalities by various practioners of Ayurveda based on the understanding of basic principles of Ayurveda among Ayurveda vaidyas there are various siddhantas like some will practice based on agni, some other are practicing based on srotas, avarana, dhatus etc. among astangas of Ayurveda Graha chikitsa is still in primitive stage, there is a need of advanced research in his branch of Ayurveda. Basically, we find the references of the words like Bhuta, Raakshasa, Graha, Preta frequently in the Bruhatrayee's & Bhaavaprakasha nighantu. Here these word's needs to be interpreted exactly with the help of. Literally speaking these are not the words used for the demons or evil spirits. If we scrutinize thoroughly the meanings given by the commentators of respective samhitas we understand that these are the names given to various micro-organisms which invade chetana yukta shareera. If we see the meaning of graha acc to sarvangasundari teeka "grahachikitsa naama devaadigrahagraheetaanaam praaninaam shaanti karma....."

Chikitsa not much beneficial over some *Manasika Vikara* and *Sharira Manasika Vikara* (Psycho somatic), so *Charaka* explained one separate category of *Chikitsa* (treatment procedure) based on *Swarupa* or *Anga Bheda* called *Dravyabhuta* and *Adravyabhutachikitsa*,^[4] here the *Dravyabhutachikitsa* acts over the *Sharira* or *Sharirika Hetu*, but *Adravyabhutachikitsa* acts over the *Manasika Vyadhi*, *Manasika Hetus* and brings *Dhatu Samyata* in patient.

Implementation of the different types of the *Adravyabhuta Chikitsa* over the patient is depends on the *Yukti* of the *Vaidya* or *Paricharaka*, hence these are mainly termed as *Upayas* rather than *Chikitsa*.

METHODOLOGY/CONCEPTUAL STUDY:

In this paper the critical analysis is done on words like Bhuta, Raakshasa, Graha etc. which can be considered as group of micro-organisms. By knowing its exact nirukti - meaning given by the commentators of Bruhatrayee's is compiled to establish that the Bhuta, Raakshasa etc. are microorganisms. This interpretation based on literary research which results in strategizing and selecting various preventive & curative treatment modalities (ekamulika dravya or a compound formulation or a Dhupana karma or an Agada prayog –KSHAARAAGADA etc.) needed to tackle disorders caused by micro-organisms.

The word bhuta means bhusattayaam, that which is existence.

- **Bhutam – (bhu-sattaayaam) Pishaachaadi jantuhu**
- **Bhutaha**
 - **Devayonivisheshaha sachha adhomukhordhwhamukhaadihi pishaachabhedo rudraanucharo baalagrahaha.**
- **Pishaacha**
 - **Pishitam(maamsam) ashnaati iti pishaachihi**
 - **Ashuchimarutdeshanivaasinaha**
- **Raakshasaha**
 - **Kounapaha, raatricharaha/ bhuta**
- **Pretaha – in gatou-going away**
 - **Narakasthapraanii/bhutabhedaha**

- Graha – gruha grahane-to take
- Ashwibham sthitaha- in Bhutaloka there are innumerable bhutas
- *Antarikshacharaa e cha bhutpretapishaachakaaha varjaitva rudraganaahate tatraiva charantihi naurdhwam vikramane shaktihi teshaam sambhutapaapmanaam....tetu suryaad adhaha sarveviharanti urdhwavarjitaahaa-*

REF-Padme swargakhanda 15th chapter

➤ **yobhutavishavaataanaam akaalena agatashcha yaha ...CHA.SHA.1/121**

(twak indriya-Asaatmyedriyaartha samyoga)....

Chakrapaani teeka-**BHUTA-savishi-krimi-pishaacha adayaha** Yo bhutavishavaataadinaam samsparshaha.

OTHER REFERENCES OF BHUTA ETC WORDS IN ASHTANGA HRUDAYA

- A.H.U.5/12-Siddharthaka snana churna-sarvan grahan naashayet visheshaat asura grahaan.
- A.h.u.5/18-Karpastaadi dhupana- pishaacharaakshasaasuraavesha jwaraghnam param
- A.h.u5/19-Mahabhutarahvaavayam ghrutam-grahaghnam param.
- A.h.u.5/49-sarvagraheshu pishaachamantarena pratikulam na acharet. If does (krudhaha pishaachaha vaidyasahitam aaturam ghnanti.)

Table no-1= References of **“bhuta”** shabda available in bruhatrayees

Sl no.	Ashtanghrudaya	Reference	Meaning acc Sarvangasundar a teeka	Meaning acc to Ayurveda rasaayana teeka
1	Bhuta vignyaneeeya & Bhuta pratishedha adhyaya in Uttaratanttra			
2	Sarva bhuta anaam mataaha....	A.H.Su.2/20	Ashesha praaninaam	
3	Ye bhuta vishavaayvagnikshatabhangaadi sambhavaaha	A.H.SU.4/31 (Aagantu roga hetu)		Bhuto grahaha
4	Panchabhutaatmakam tat tu	A.H.SU.9/1		bhutashabdena bhoutikamuchhyate
5	BHUTAKESHI	A.H.SU.15/30	MAMSI-JATAMAMSI	NIRGUNDI
6	...bhutasanghashcha paantuvaha... (MANTRA while performing Vamana etc.)	A.H.SU.18/16		
7	Garbham jadaa bhutahrutam vadanti...avyavashairbhutaihiupeksheta na garbhamaataa..	A.H.SHA.2/62	bhutahrutam iti garbham vadanti	
8	BHUTIKAM	A.H.CHI.1/139	BHUTRUNAM	
9	BHUTIKAM	A.H.CHI.4/52	KATRUNA	
10	BHUTAKIM	A.H.KALP.3/14		ROHISHAM
11	paapmaa rakshoghnam bhutonmaada nibharhanam	A.H.U.1/42 (Bramhi grutam-phalashruti)		
12	balyam jwarakshayonmaadashwaasaapasmaaravaatanut yaksharaakshasabhutaghnam garbhininaam cha shasyate.	A.H.U.2/56 (LAKSHADI TAILA-PHALASHRUTI)		
13	grutaani bhutavidyaayaam vakshyante... balim homam snapanam mantratantravit.	A.H.U.3/58 (Baalgraha chikitsa)		
14	Bhutavignyaneeeyam ...bhutagraham	A.H.U.4/1	bhutagraham	
15	Aartaan naraan bhutavidharshitaanscha swateekaroti anjapaana nasyayih..	A.H.U.36/85 (Bilwadi gutika – phalashruti)	Bhutopadrutaan scha swasthayati	

Table no 2= References of Krimighna/Krimihara/Kriminashana/Kriminut etc.shabda available in Bhavaprakasha nighantu.

B.P.N – Krimighna/Krimihara/Kriminashana/Kriminut etc.			
Haritaki	Eranda	Ingudi	Gomutra
Gajapippali	Arka	katabhi	Sarshapa taila
Dhanyaka	Shighru	Kulattha	Madya
Katuki	Karanja	Tuvarri	Madhu
Dhataki	Alaabu Dugdika	Sarshapa	
Chakramarda	Marubaka	Raajika	
Ativisha	Shaala	Dadrughna patra	
Bhallataka	Beejaka	Patola patra	
Kachora	Babbula	Patola	
Elavaluka		Oushtra dugdha	

Table no- 3=References of Bhutaghni, Rakshasa nashana, grahanashana, Pishachaghni & Pretanashana in Nighantus.

BHUTAGHNI	RAAKSHASA NAASHANA	GRAHANSHANA	PISHAACHAGHNI	PRETANAASHANA
Vana Barbari /Krishnaarjakaha	Tulasi (Aapetaraakshasi)	Shweta Sarshapa)	Vana Barbari /Krishnaarjakaha	
Hingu (Bhutaari- Jantunaashana, Rakshoghnama)		Rudraksha	Chatra dhaarana(Pishaachadi bhayaapaham)	
Shweta Sarshapa (Bhutaapahahaa- Vishaapahaha- Vranaapahaha))		Pushpadhaarana & Ratnadhaarana(Grahaahara)		
Vacha (Bhutanut)		Raala (Visha-Vranan jayet)		
Bhurja (Bhutaghna- Bhutarakshakaraha- Dushtakoutilya Nashanaha)		Gorochana (Grahajit-Mangalya- Vashyaa)		
Tulasi (Bhutaghni- Jantuhara-Krimihara)		Haritala (Kacha-Grahaan jayet- Visham jayet)		
Ingudi (Vrana visha krimin hanti)		Avika mutra		
Shankha pushpin (Grahabhutaadi doshaghni-Vashikarana siddhidaa)		Pravaala-Maanikya Dhaarana (dushtagrahavishapahaha)		
Jhandu (Jwarabhutagrahaapahaa)		Gunja (Graha-krimi-vranaan hanti)		
Hijjala		Ingudi		
Cheedaa (Bhutamaari)		Shankha pushpin (Grahabhutaadi doshaghni- Vashikarana siddhidaa)		
		Jhandu (Jwarabhutagrahaapahaa)		
		Kekishikha (Baalagrahaadi doshaghni-Vashyakarmani shasayate)		
		Chandrakaantamani (Graha- Alaxmivinashakrut)		
		Puraana ghruta (Vishaapaham- Sarvagrahaapaham)		
		Kunduru (Jara-Graha-Alaxmi haret)		
		Shati (Vranaapaha)		
		Silhaaka (Jwarapaha)		
		Nimbuka(Krimisamuhanaashanam- Vishavivhalaanaam)		

		Yavaasa		
		Eranda taila		
		Vyaagranakha-(Graha-Jwarahrut-Vranavishaapaha)		
		Arishtaka (Grahahid)		
		Gorochana (Visha-Alaxmi-Graha hrut-Maangalya-Vashya)		
		Hijjala (Naanagrahasanchaara doshajit-Pavitra)		
		Cheedaa (Grahabheetijit-Maangalya)		

Table no 4=References available of Rakshoghna karma in Nighantus

RAKSHOGHNA			
Shreeveshtaka /Sarala(Vranapranut)			
Sthouneyaka (Jwara Jantujit)			
Goghruta (Alaxmipaapa hara-Ojovruddhikara)			
Sarshapa (Rakshoharaha-Koshtakri grahaan jayet)			
Shweta sarshapa (Grahapaha)			
Muraa(Shaalaparnika)-jwaraghni)		Muraa(Shaalaparnika)-jwaraghni)	
Vrukshadani (Bandaakaha(asra raksha vra vishaapahaha)			
Chorakaha (Jwara-visha-vranaan hanti)			
Naagadamani (Vranaan rakshaha)		Naagadamani (Sarvagraha prashamani-Nishesha vishanaashini)	
Kumbha sarpi (Jwaraghna)			
Pushpa dhaarana			
Danti taila			
Hingu			
Vacha (Mangalya)			
Jalavetasa (Vranashodhana)			
Bhurja (Rakshaapatra)			
Guggulu (Rakshoha)			
Paadaprakshaalanam			
Rudraksha			
Rakta Chandana			
Gandhamaamsi-Mamsi vishesha			
Vetasa/Nichula(Vrana shodhana)			
Madhu (Rakshoghnam Sarpishaanvayaat)			
Pushpa & Ratna Dhaarana (Paapahara)			

In Ksharagada also it has been told that just by applying it on flag or tying like a bracelet etc will get rid of all bhuta grahas. If we see the ingredients of it, many drugs are of krimihara as a phalashruti and bhuta graha nashana etc.

DISCUSSION

It is very challenging to identify which type of micro-organisms (Bacteria, Virus, Fungus etc. to be considered as yakshma, pishacha, raakshasa, graha, preta. But once we prove this treatment becomes very easy. If we see the gunakarma of Vana Barbari plant, it is PISHAACHA NASHANA, Vana Barbari /Krishnaarjakaha (pishaachavaantibhutaghni-ghraanasantarpani) K.N. AUSHADHIVARGA 1/1568, Chatra dhaarana (Pishaachadi bhayaapaham) -----K.N. VIHAARAADI VARGA-7/124, RAAKSHASA NAASHANA - Tulasi (Aapetaraakshasi)

In Jwara chapter there is a ref that taapa in Agantuja type (Bhutabhishangaja) comes from tripaada, trishiras yukta pranivishesha. In Rajayakshama also there is a ref that yakshma is a praani vishesha which invades shareera of shosha and ojo kshaya person if he consumes four nidanas.

CONCLUSION

Bhuta is the broad word in which all other entities like pishaacha, Raakshasa, Preta etc are included. Graha is also a broad word which has many types. Almost all Krimihara dravyas are designated as Bhutaghna or bhuta naashana. To tackle all bhuta samsargaja condition Rakshoghna dravyas are used. Bhutaghna dravyas are more but rakshasa nashana was found only in Tulasi gunakarma and pishacha nashana found in Barbari and Vana Barbari drug.

Along with these the Ayurvedic PG & PhD Scholars, Scientists, staff, Need to convert a concept of Using AGADA, S BY APPLING ON DUNDHUBI, TORANA, DHWAJA, MANIBHANDHA, HAARA etc. into an innovative final products with the help of Ayush ministry, RCFC, State & Central Govt, WHO etc. So this literary work may help to select apt drug/formulations/agada's for disorders of microorganisms by in-vivo and in-vitro studies & also to take clinical studies to tackle Janapadodhwasa janita vyadhis W.S.R Micro-Organisms

Identification of Different types of grahas w.s.r to micro-organisms needs extensive research to prove it scientifically. To tackle Janapadodhwasa only wearing mask, applying sanitizer, maintaining distance, taking some ayurvedic kashayas, chyavanprash or any immunity enhancers are not enough. We the Ayurvedic fraternity should always try to inculcate and create awareness of Dinacharya, Rutuharya, Rutushodhana, following Sadvrutta, Achaara Rasayana in the routine life of public.

LIMITATIONS

Even after thorough literary research could not able to identify which word is used for which micro-organism.

FURTHER SCOPE

Extracting exact meaning of bhuta etc from grammer books, shabdakalpadruma and by discussing with sanskrit scholars to know the correct meaning. Conductiong seminars, symposiums, debates or expert panel to finalize which word is suitable for which micro-organisms. Resurgence is needed in one of the important Ashtangas of Ayurveda ie- GRAHACHIKITSA.

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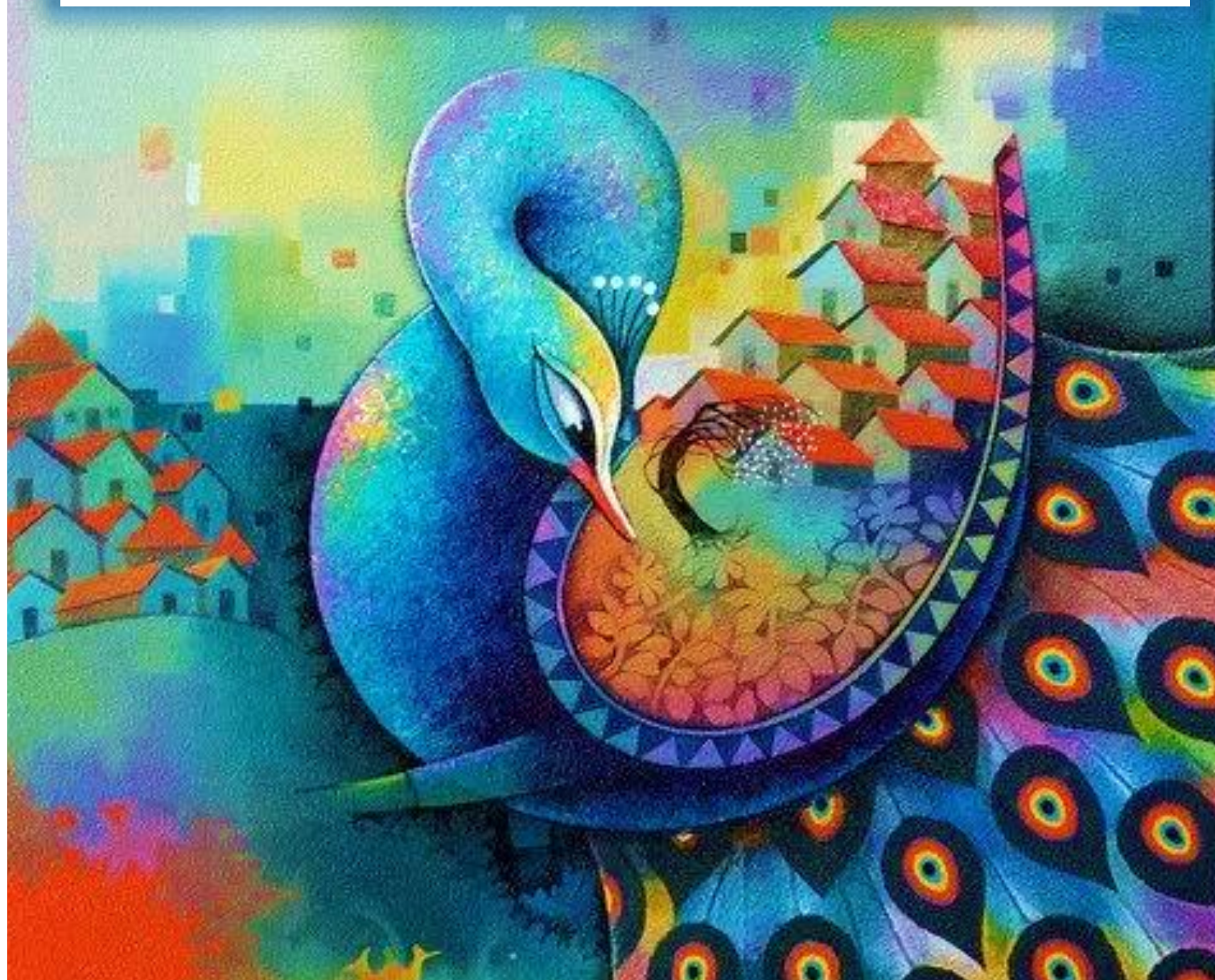
BHAVAPRAKASHA NIGHANTU

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Student

Where words take flight

FROM THOUGHT TO VERSE

"ಕೊಪ್ಪಳ ಗವಿಸಿದ್ವೇಶ್ವರ ಜಾತ್ರೆಯ ಭಕ್ತಿಯ ಮೆರುಗು ಮತ್ತು ಸಂಸ್ಕೃತಿಯ ಹಬ್ಬ"

ಎಲ್ಲರಿಗೂ ಮೊನ್ನೆ ತಾನೆ ಮುಗಿದ ಗವಿಸಿದ್ವೇಶ್ವರ ಜಾತ್ರೆಯ ಬಗ್ಗೆ ಗೊತ್ತಿರಬಹುದು. ಅದೊಂದು ಜಾತ್ರೆ ಎನ್ನುವದಕ್ಕಿಂತ ಭಕ್ತಿಯ ಸಾಗರವೆನ್ನಬಹುದು ಅಬ್ಬಾ...! ಎಷ್ಟು ಜನಸ್ತೋಮ, ಅದ್ದೇಗೆ ರಥೋತ್ಸವದ ವೇಳೆಗೆ ಸೇರಿ ಮತ್ತೆ ಮಂಜು ನೀರಾಗಿ ಕರಗುವಂತೆ ಲಕ್ಷಗಟ್ಟಲೆ ಜನಸ್ತೋಮ ಯಾವುದೆ ಗಲಾಟೆ, ಕಾಲ್ತುಳಿತಗಳಿಲ್ಲದೆ ನಿಧಾನವಾಗಿ ಕರಗಿಹೋಗುವುದು ಗವಿಸಿದ್ವೇಶ್ವರನ ಕೃಪೆಯಲ್ಲದೆ ಮತ್ತೇನು ಅಲ್ಲ. ಲಕ್ಷಗಟ್ಟಲೆ ಜನರ ನಡುವೆ ಗಾಂಭೀರ್ಯದಿಂದ ಸಾಗುವ ರಥವನ್ನು ನೋಡುವುದೆ ಮಹಾಪುಣ್ಯ, ಜಾತ್ರೆಯಲ್ಲಿ ಮತ್ತೊಂದು ವಿಶೇಷತೆಯೆಂದರೆ ದಾಸೋಹ ಹೌದು, ನಿತ್ಯ ಅಂದರೆ ೧೫ ದಿನಗಳ ಕಾಲ ಸುಧೀರ್ಘವಾಗಿ ತರಹೇವಾರಿ ಖಾದ್ಯಗಳಿಂದ ಭಕ್ತರಿಗೆ ಪ್ರಸಾದ ಸೇವೆ ನಡೆಯುತ್ತಿರುತ್ತದೆ, ಪ್ರತಿ ವರ್ಷ ಜಾತ್ರೆಯಲ್ಲಿ ಒಂದೊಂದು ಮುಖ್ಯಭೂಮಿಕೆಗಳೊಂದಿಗೆ ನಡೆಯುವ ಜಾತಾ ಇನ್ನು ವೈಶಿಷ್ಟ್ಯ, ಇಷ್ಟೆಲ್ಲ ವಿಭಿನ್ನಗಳೊಂದಿಗೆ ಸುಸಜ್ಜಿತ ಹಾಗೂ ಸುಬೆತ್ತವಾಗಿ ನಡೆಯುವ ಜಾತ್ರೆಯಲ್ಲಿ ನಮ್ಮ ವಿದ್ಯಾಲಯದ ವಿದ್ಯಾರ್ಥಿಗಳ ಸೇವೆ ನೆನೆಯದಿದ್ದರೆ ಅಪೂರ್ಣ ಎನಿಸುವುದು. ಜಾತ್ರೆಯಲ್ಲಿ ದಾಸೋಹ, ಜಾತ್ರಾ ಆರೋಗ್ಯ ತಪಾಸಣೆಗಾಗಿ ಮಾಡಿದ ತಾತ್ಕಾಲಿಕ ಕ್ಲಿನಿಕ್ ಗಳಲ್ಲಿ ಮರದ ಆವರಣದಲ್ಲಿ, ರಕ್ತದಾನ ಶಿಬಿರದಲ್ಲಿ, ಹೀಗೆ ಇನ್ನು ಅನೇಕ ಕಡೆ ಸಮಯಕ್ಕೆ ಸರಿಯಾಗಿ, ವಿನಯದೊಂದಿಗೆ ಭಕ್ತರ ಸೇವೆಗೈದ ನಮ್ಮ ವಿದ್ಯಾರ್ಥಿ ಸನ್ನಿಹಿತರಿಗೆ ಒಂದು ದೊಡ್ಡ ನಮನ, ಪ್ರತಿ ಕ್ಲಾಸಿನ ವಿದ್ಯಾರ್ಥಿಗಳಿಗೆ ಸೇವೆಯ ಸಮಯ ಹಾಗೂ ವಿವರಗಳನ್ನು ತಿಳಿಸಿ, ಅದು ಯತಾವತ್ತಾಗಿ ಪರಿಪಾಲನೆಯಾಗುವಂತೆ ನೋಡಿಕೊಳ್ಳುವ ಗುರುವೃಂದದ ಶ್ರಮ ವರ್ಣನಾರ್ಹಿತ.

ಭಕ್ತಸಾಗರದ ಭಕ್ತಿಯ ಅಲೆಗಳ ಅಪ್ಪಳವನ್ನು ಆನಂದಿಸುವುದೇ ಪರಮಾನಂದ. ಧನಿವರಿಯದೆ ಕಾಯಕಗೈಯುವ ವಿದ್ಯಾರ್ಥಿಗಳು ಅವರ ಮೆಲ್ವಿಚಾರಣೆಯೊಂದಿಗೆ ಸರಿಸಮನಾಗಿ ತಮ್ಮನ್ನು ನೇವೆಯಲ್ಲಿ ತೊಡಗಿಸಿಕೊಳ್ಳುವ ಗುರುವೃಂದ ಎಲ್ಲ ಗವಿಸಿದ್ವೇಶನ ಬಾಹುಬಂಧನದಲ್ಲಿ ಬೆಳೆದ ಮಕ್ಕಳಂತೆ, ಎಲ್ಲರ ಕ್ಷೇಮವನ್ನು ಕಾಯುವ ಜಗದೊಡೆಯ ಗವಿಸಿದ್ವೇಶ ತಂದೆಯಂತೆ ಭಾಸವಾಗುತ್ತದೆ. ಜೀವಿತಾವಧಿಯಲ್ಲಿ ಒಮ್ಮೆಯಾದರೂ ಈ ಭಕ್ತರ ಭಕ್ತಿಯ ಪರಾಕಾಷ್ಠೆಯನ್ನು, ದಕ್ಷಿಣ ಭಾರತದ ಕುಂಬಮೇಳವನ್ನು, ಭಕ್ತಿಯ ಸಾಗರವನ್ನು ಕಣ್ತುಂಬಿಕೊಳ್ಳಲೇಬೇಕು.

ಧನ್ಯವಾದ

ಡಾ|| ಪುನೀತ, ಸಿದ್ಧಲಿಂಗಯ್ಯ, ಚಿಕ್ಕಮರ

**“Faith is the bird that feels the light when
the down is still dark”**

– Rabindranath Tagore

