



S.G.V. V. T's
**SHREE JAGADGURU GAVISIDDHESHWARA AYURVEDIC
MEDICAL COLLEGE, HOSPITAL, POST GRADUATE
STUDIES & RESEARCH CENTRE, KOPPAL – 583231**
ISO 9001-2008 RECOGNISED INSTITUTION



NCISM- MARBISM & NABET-QCI

GAVI KALPATARU

AYURVEDA E MAGAZINE

September 2025 | Edition 11

October 15, 2025



Chieffeditorgavikalpataru@gmail.com



GAVIKALPATARU

SEPTEMBER 2025/ EDITION 11

EDITORIAL TEAM

CHIEF EDITOR: DR. M.M. SALIMATH

EDITOR IN CHARGE: DR. SHRIDHARAIAH M.H.

EDITORIAL MEMBERS: DR. S.N. HAKKANDI

DR. G.G. PATIL

DR. ANITA KULKARNI

DR. ASHA S.A

CREATIVE DIRECTOR / GRAPHIC DESIGN: DR. SHRIDHARAIAH M.H.

CONTRIBUTORS: ALL STAFFS, STUDENTS & INTERNEES OF SJG AMC

MARKETING / PUBLISHER: PRINCIPAL SJG AMC KOPPAL

CONTACT: CHIEFEDITORGAVIKALPATARU@GMAIL.COM

DISCLAIMER

This magazine is published for informational and educational purposes only.

The views and opinions expressed in the articles are those of the authors and contributors and do not necessarily reflect the official policy or position of the editorial team or the publishing institution. While every effort has been made to ensure the accuracy of the information, readers are advised to consult professionals or experts for specific advice related to health, Ayurveda, or any other topics discussed.

The magazine, its editors, and contributors are not liable for any errors, omissions, or consequences arising from the use of the information presented. All rights reserved. No part of this publication may be reproduced, distributed, or transmitted in any form without prior written permission.

For queries, please contact: chiefeditorgavikalpataru@gmail.com

ACKNOWLEDGMENT

*With immense gratitude and humility, we offer our sincere thanks to **Shree Jagadguru Gavisiddeswara Swamiji**, whose divine presence and spiritual vision continue to inspire and guide us on our path of Ayurvedic wisdom and holistic well-being.*

*We bow with reverence to **Lord Dhanvantari**, the divine physician, whose eternal light illumines our understanding of seasonal balance and the healing rhythms of nature.*

*Our deepest appreciation goes to our respected **Chairman, Shri Sanjay Kotbal Sir**, for his unwavering encouragement and steadfast support. We are especially thankful to our **Chief Editor, Dr. M.M. Salimath Sir**, whose scholarly insight, and editorial excellence have once again shaped this edition with depth, precision, and clarity.*

*We gratefully acknowledge the sincere efforts of the **Editorial Committee**, whose thoughtful planning, dedication, and creative collaboration.*

*Special thanks are due to the **teaching and non-teaching staff, PG scholars, UG students, and interns of SJGAMC**, whose enthusiastic contributions enriched the magazine with insightful articles, reflections, and artistic expressions.*

*We are deeply grateful to our **Principal and Vice Principal** for their steadfast leadership, which continues to propel this initiative forward with integrity and purpose.*

To our beloved readers, your enduring support and appreciation uplift our spirits and inspire us to delve deeper into the timeless science of life.

*Finally, heartfelt thanks to the entire **GAVI KALPATARU** team, whose spirit of unity, dedication, and commitment have transformed this edition into a vibrant celebration of Ayurveda's purity and its healing touch across the world.*

With Warm regards,
The Editor In charge
Dr. Shridharaiah MH
September Edition, 2025

TABLE OF CONTENTS

Principal and Editor’s note	1
News Bites	2 - 13
Creative Corner	14 – 16

Principal & Editor's Letter



Dear Readers,

It brings me great joy to share the September 2025 Edition 11 of GAVI KALPATARU. This publication reflects the lively intellectual and cultural spirit of our institution.

Each edition shows the hard work of our students and faculty. Their reflections, research, and creativity give this magazine its energy and character. Thanks to their efforts, our tradition of knowledge, inquiry, and expression grows stronger each month.

This issue brings together a variety of voices and viewpoints, providing readers with insight and inspiration. It is encouraging to see the spirit of learning and sharing continue to shine brightly in our community.

I want to express my gratitude to the editorial team for putting together this edition with such thoughtfulness and care. I hope this publication remains a source of encouragement, connection, and pride for everyone in our institution.

Warm regards,

Dr. M. M. Salimath

Principal & Chief Editor

The image features a globe as the central element, showing the Americas and parts of Europe and Africa. The globe is set against a background of a newspaper with various headlines. A large, bold headline "You don't" is visible at the top right. Another headline "Barcelona gold, it's with" is on the left. The globe itself has a textured, painterly appearance with vibrant colors. A white rectangular box with a thin blue border is centered over the globe, containing the title "News Bites" and a subtitle.

News Bites

A cozy spot for latest updates.

10th National Ayurveda Day Celebrated with Enthusiasm at SJGAMC, Koppal

Koppal, Karnataka, September 23, 2025:

The 10th National Ayurveda Day 2025 was celebrated with great enthusiasm in and around Koppal from **September 7 to September 23, 2025**, under the inspiring theme “**Ayurveda for People and Planet.**”

The celebrations were organized by **Sri Jagadguru Gavisiddheshwar Ayurvedic Medical College, Koppal**, and featured a series of academic, cultural, and community outreach programs aimed at promoting the importance of Ayurveda in health, wellness, and environmental harmony.

A wide range of activities were conducted over two weeks, including **medical and wellness camps, health awareness programs, exhibitions, outreach**



visits, student wellness programs, and a public rally. The events witnessed active participation from faculty, students, and the public.

Medical and Wellness Camps

A total of six health and wellness camps were organized across Koppal and nearby areas. These included camps at Ishwara Park, SJG Boys Hostel, Bahaddur Bandi, Kamanoor, and the District Prison, where free consultations, yoga demonstrations, and dietary advice were provided. A **mega health screening camp** for municipal workers and their families was also held at SJGAMC Hospital. More than

900 people benefitted from these initiatives.

Public Awareness Programs

To spread the message of preventive healthcare, a series of public awareness programs were conducted. These included health talks on yoga, Ayurveda-based lifestyles, and

hygiene awareness sessions for hostel students and prisoners. A **street play at Matha Campus and Ashok Circle** attracted a crowd of over **500 spectators**, creatively conveying the message of Ayurveda's relevance in modern life.

Run for Ayurveda – Rally for Awareness

A large **public rally** titled “*Run for Ayurveda*” was organized from the Math Campus to the Taluk Ground, led by the **Department of Agadatantra and NSS Unit**, drawing the participation of more than **500 students and community members**.

Exhibition and Mini Expo

An **Ayurveda exhibition** showcased medicinal plants, classical formulations, toxic plants, and *Prakriti Pareekshana* demonstrations. Departments of **Agadatantra, Kriya Sharira, Dravyaguna, and Rasashastra & Bhaishajya Kalpana** collaboratively organized the exhibit, attracting 144 visitors.

School and College Outreach

Students from **Masti Public School** visited the campus for interactive Ayurveda sessions and Ayurvedic dietary demonstrations. These programs provided early exposure to traditional health concepts for school students.

Student Wellness and Academic Enrichment

The college also hosted several academic programs for undergraduate and postgraduate students. Renowned speakers including **Dr. Rajesh Udupudi** and **Dr. Shalini A. S.** delivered guest lectures on *clinical success stories*, *Vatavyadhi management*, and *Jalauka Avacharana (leech therapy)*. A **Yoga and Pranayama demonstration** further emphasized holistic well-being.

Participation and Impact

The celebrations saw enthusiastic participation from over **1,400 individuals**, including **50 faculty members, 350 UG/PG students**, and **over 1,000 members of the public**. Key outcomes of the observance included:

- Enhanced awareness about Ayurveda and preventive health practices.
- Promotion of yoga and healthy lifestyle habits.
- Strengthened community engagement with the Ayurvedic system of medicine.

Empowering Differently-Abled Children – A Step Towards Hope and Care



Koppal, September 7, 2025: Sri Jagadguru Gavisiddheshwara Ayurvedic Medical College (SJGAMC), Koppal, in collaboration with Matru Foundation, Bengaluru, organized a Screening Camp for physically disabled children aged 6 to 16 years under the “Dehika Vikala Chetana Makkala Datta Yojane” (Adoption Scheme for Physically Challenged Children).



The camp aimed to identify children in need and extend support through **free residential facilities, education, and medical/surgical assistance**, ensuring their overall development and integration into society. It was a remarkable opportunity for the institution to work alongside **Matru Foundation**, led by the inspiring **Dr. Malati Ulla – Padma Shri awardee, Arjuna awardee, and Paralympic Gold Medalist**. Her **strength, compassion, and dedication** made the event truly special, as she actively participated in the screening process and personally interacted with the children.

The initiative was part of the broader vision of the “**Sarva Chetana**” program, which seeks to uplift underprivileged and differently-abled children through holistic care and empowerment. The collaboration was warmly appreciated by the parents, beneficiaries, and the community at large.

Health Awareness Camp on 10th Ayurveda Day Celebration

Koppal, September 7, 2025: As part of the 10th National Ayurveda Day Celebration, the Department of Swasthavritta & Yoga of Shri Jagadguru Gavisiddheshwar Ayurvedic Medical College, Koppal organized a Health Awareness Camp at Ishwar Park, Koppal.



The camp focused on creating awareness about healthy living through Ayurveda and Yoga. Key Sessions Included: *Importance of Diet in Ayurveda* – by Dr. Asha S. A., Associate Professor and *Importance of Yoga in Everyday Life* – by Dr. Laxmi Sangati, Final Year PG Scholar

In addition to this, a diet consultation desk was arranged for the participants. The program received positive response, with around 100 people actively participated and benefited.

Surgical Screening Camp on 10th Ayurveda Day Celebration

Koppal, September 7, 2025: As part of the **10th National Ayurveda Day Celebration**, **Shri Jagadguru Gavisiddheshwar Ayurvedic Medical College, Hospital, Post-Graduate Studies & Research Centre, Koppal** organized a **Surgical Screening Camp** at **Ishwar Park, Koppal** on 07-09-2025.

The camp was aimed at identifying surgical cases and creating awareness about the role of Ayurveda in preventive and curative health care. A large number of beneficiaries from Koppal and surrounding areas actively participated and availed the consultation and services.



Yoga and Ahara Awareness Sessions on Ayurveda Day



Koppal, September 10, 2025: As part of the **10th National Ayurveda Day** celebrations, the **Department of Swasthavritta, Shri Jagadguru Gavisiddheshwar Ayurvedic Medical College, Koppal**, organized a series of health-oriented activities emphasizing the role of Ayurveda and Yoga in daily life.



A **Yoga session for school children** was conducted at **Sri Gavisiddheshwara High School, Koppal**, where around **120 students** participated with great enthusiasm. The session aimed at promoting physical fitness, concentration, and stress relief through simple yoga practices.



An **Ayurveda Ahara & Diet Session with Consultation** was conducted by **Dr. Asha S. A., Associate Professor**, along with **Dr. Megha G.** and **Dr. Madhura Biradar**, 1st year MD students from the Department of Swasthavritta. Around **70 people** took valuable **dietary advice and guidance**, benefiting from personalized consultations based on Ayurvedic principles.

Ayurveda Day: Orientation Session & Free Medical Camp



Koppal, September 10, 2025: On the account of the **10th National Ayurveda Day**, the **Department of Kaumarabhritya, Shri Jagadguru Gavisiddheshwar Ayurvedic Medical College, Koppal**, organized an **orientation session** on *“Daily Routine Care through Ayurveda for Maintaining Good Health.”* The program was

aimed at educating students on adopting simple, practical Ayurvedic lifestyle practices to promote overall health and well-being.

In addition to the orientation session, a **Free Medical Camp** was also conducted for the students of **Shree Gavisiddheshwara Boys Hostel** on **09/09/2025 and 10/09/2025**. During the camp, students received **expert health consultations** and valuable advice on preventive healthcare from Ayurvedic practitioners.

Eye & ENT Screening Camp Organized on Account of 10th Ayurveda Day



On the account of the **10th National Ayurveda Day**, the **Department of Shalakyatantra, Sri Jagadguru Gavisiddheshwara Ayurvedic Medical College, and Hospital (SJGAMC), Koppal**, organized an **Eye and ENT Screening Camp** at **Sri Gavisiddheshwara Boys Hostel, Koppal**, on **8th September 2025**.

A total of **142 children** were screened for eye and ENT-related health issues during the camp. The initiative aimed at early detection and awareness regarding preventive healthcare through Ayurveda.

The camp was conducted under the guidance of **Dr. Shashikala Khadabadi (Professor)** and **Dr. Preeti P (Assistant Professor)**, along with the active participation of postgraduate scholars **Dr. Advait, Dr. Arshad, and Dr. Sandeep**.

Free BMD, Medicine & Yoga Camp at Bahadhubandi

On the account of the **10th National Ayurveda Day** celebrations, the **Departments of Kayachikitsa and Swasthavritta, Sri Jagadguru Gavisiddheshwara Ayurvedic Medical College and Hospital (SJGAMC), Koppal**, jointly organized a **free Bone Mineral Density (BMD) test, medicine distribution, and yoga camp** at **Bahadhubandi** on **16th**

September 2025.

The camp witnessed enthusiastic participation from the local community, with people benefitting from diagnostic services, Ayurveda-based medical consultation, and yoga therapy sessions aimed at promoting holistic health.

The medical team comprised **Dr. Manjula K.B.** and **Dr. Rajshekar Shetrar** from the Department of Kayachikitsa, and **Dr. Prabhu Naglapur** from the Department of Swasthavritta, who rendered their expertise and guidance during the camp.



SJGAMC Celebrates Hyderabad Karnataka Liberation Day



Sri Jagadguru Gavisiddheshwara Ayurvedic Medical College, Hospital & P.G. Studies, Koppal, proudly celebrated **Hyderabad Karnataka Liberation Day** on **17th September 2025** at the college premises. The event commenced with the **flag hoisting ceremony at 8:45 AM** by **Vice Principal Dr. Suresh Hakkandi**, which was attended with great enthusiasm by the **teaching and non-teaching staff, hospital staff, and students**.

On this occasion, **Dr. K. B. Hiremath, Senior Faculty Member**, addressed the gathering with an inspiring speech, highlighting the historical significance of the day and the values of freedom, unity, and progress it symbolizes.

Educational Visit by Masti Public School Students to SJGAMC

As part of the **10th National Ayurveda Day 2025** celebrations, the students of **Masti Public School** visited the **Department of Swasthavritta, Yoga, and Pathya Unit** at **SJG AMC, Koppal**.



During the visit, the students were introduced to the basic principles of **healthy living and preventive healthcare in Ayurveda**. A special **food exhibition** was also organized, showcasing a variety of **Ayurveda Pathya Ahara** (dietary preparations). The students not only observed the displays but also had the chance to **taste these wholesome and nutritious dishes**, reinforcing the importance of a balanced diet in maintaining health.

Free Consultation Camp Organized at Kamanur



On the account of the **10th National Ayurveda Day celebrations**, a free Ayurveda consultation camp was organized on **18th September 2025** at the **Government Ayurveda Dispensary / Ayushman Arogya Mandir, Kamanur**.



The camp, jointly conducted by **SJGAMC, Koppal**, and the **Government Ayurveda Dispensary / Ayushman Arogya Mandir, Kamanur**, offered a range of healthcare services to the local community.

The services included **eye check-ups, general health check-ups, yoga sessions, and diet advice**, all aimed at promoting preventive healthcare and spreading awareness about Ayurveda's role in holistic well-being.

The initiative received good participation from the public, reflecting growing interest in Ayurveda as a natural and sustainable system of health.

Educational Program on Ayurveda Organized for School Children

On the account of the **10th National Ayurveda Day**, the **Department of Kaumarabhritya, Sri Jagadguru Gavisiddheshwara Ayurvedic Medical College, and Hospital, Koppal**, organized an educational program for the students of **Maasti Public School**.



During the session, **Dr. G.G. Patil** explained the **role of Ayurveda in disease prevention and health promotion**, creating awareness about the importance of holistic healthcare among young learners.

The children were also introduced to the facilities of the **Ayurveda Pediatric Outpatient Department (OPD), Inpatient Department (IPD)**, and the **exclusive Pediatric Panchakarma procedures**, which gave them practical exposure to specialized Ayurvedic child healthcare.

The initiative successfully combined **education with practical insights**, encouraging curiosity and understanding of Ayurveda's relevance in child health and wellness.

Pravarthana 2025 – Graduation Ceremony of Lakshyas Batch (2019) Held at Koppal



The Graduation Ceremony – Pravarthana 2025 for Lakshyas, Batch of 2019, was grandly organized by SJGAMC, Koppal, on 20th September 2025 at Madhushree Gardens, Hospet Road, Koppal.

The ceremony was graced by the presence of Chief Guest Dr. Riyaz Basha S, Registrar (Evaluation), RGUHS, Bengaluru, along with distinguished Guests of Honour – Dr. R. Maregoud (Secretary), Shri Sanjay Kotbal (Chairman, SJGAMC Koppal), Dr. Parvathgowda B.H. (District Ayush Officer, Koppal), Dr. Santosh Yadahalli, and Dr. S.V. Hiremath.



The program was presided over by Dr. Mahantesh M. Salimath, Principal, SJGAMC Koppal, who led the celebrations with pride and encouragement for the graduating batch.

Massive Free Health Check-up Camp for civic workers

On the account of the 10th National Ayurveda Day, Shri Jagadguru Gavisiddheshwara Ayurvedic Medical College & Hospital, Koppal, organized a grand **Free Health Check-up Camp** on 22nd September 2025. The event specifically catered to civil servants and their families, providing Ayurvedic health consultations and check-ups.



The initiative aimed to promote awareness about Ayurvedic lifestyle practices and preventive health care, in line with the theme “*Ayurveda for People & Planet.*” The camp featured expert consultations, health screenings, and personalized advice on maintaining holistic well-being.

The event was organized in collaboration with the **Karnataka State Civil Services Welfare Association** and the **Indian Red Cross Society, Koppal**, with full support from the institution’s faculty and management.

Guest lecture under Student Wellness Program at SJGAMC Koppal

18th September 2025: On the eve of the 10th National Ayurveda Day 2025, the Department of Kayachikitsa organized a **Student Wellness Program** for the final year UG students.

The session was graced by **Dr. Rajesh A. Udupudi**, Dean, HOD & Professor, Dept. of Kayachikitsa, JSS AMC Mysuru, who delivered an engaging lecture on *Clinical Success Stories*, sharing insights and practical experiences from the field of Ayurveda.



Dr. Manjula K.B, the event coordinator, along with two other faculty members, successfully conducted the session, benefiting **84 students**.



Health Awareness & Screening at District Prison, Koppal



On the account of **AyurvedaDay2025**, a special community service initiative was conducted at the **District Prison and Improvement Cell, Koppal** on **24th September 2025**. The program aimed to promote health awareness and provide medical screening for the prisoners.

The event began with a health awareness talk by **Dr. Suhas M**, Assistant Professor, Department of *Samhita Siddhanta*, and *Sanskrit*. The lecture, titled "ಅಯುರ್ವೇದದ ಮಹತ್ವ ಹಾಗೂ ಅರಿವು" (*The Importance and Awareness of Ayurveda*).

Following the talk, a comprehensive **health check-up and screening** session was carried out by a team of experts including **Dr. Somanath S**, Professor, Department of *Swasthavritta*; **Dr. Lohit Kalal**, Associate Professor, Department of *Shalya Tantra*; and **Dr. Veerendra**, PG Scholar, Department of *Swasthavritta*. The screening included basic health assessments and consultations, ensuring prisoners gained access to medical attention and Ayurvedic health guidance.

World Pharmacists Day Celebration at SJGAMC



SJGAMC, Koppal, proudly celebrated **World Pharmacists Day** with great enthusiasm and purpose. The event highlighted the vital role of pharmacists in healthcare, patient safety, and ensuring access to quality medicines.

The celebration included speeches emphasizing the importance of pharmaceutical care, discussions on recent advancements in Ayurveda pharmacy, and the role of pharmacists in promoting community health.

NSS Day Celebrations by SJGAMC, Koppal

On the eve of **NSS Day**, the NSS unit of Sri Jagadguru Gavisiddheshwara Ayurvedic Medical College & Hospital, Koppal, organized a series of activities to promote environmental awareness and community service on **25th September 2025**.



The day began with a **plantation drive** at the college campus, inaugurated by **Honorable Principal Dr. Mahantesh Salimath**, along with **Vice Principal Dr. Suresh Hakkandi** and esteemed faculty members including **Dr. K.B. Hiremath, Dr. G.G. Patil, Dr. Prabhu Naglapur, Dr. Rudrakshi, Dr. Manohar, Dr. Gangadhar**, and **NSS Program Officer Dr. S.S. Shirurmah**. NSS volunteers and students actively participated, planting saplings across the campus.



On the same occasion, the NSS unit organized a **“Swachhata Hi Seva”** cleanliness initiative at the college’s adopted village, **Halgera**. Students of the **Atreya Batch** enthusiastically took part in cleaning drives, waste segregation, and awareness activities to promote cleanliness and hygiene in the village. This initiative reflected the NSS spirit of community service and reinforced the commitment toward a cleaner, healthier environment.

SJGAMC Team Suhas Secures 2nd Place in National Level Video Competition



Sri Jagadguru Gavisiddheshwara Ayurvedic Medical College & Hospital, Koppal, proudly announces the outstanding achievement of **Team Suhas**, which participated in the **National Level Video Competition** organized by **RGAC, Ron**.

In the “Highest Views” category, the team secured an impressive **2nd place**, gathering more than **26,000 views** for their entry. This remarkable achievement reflects not only the creativity and hard work of the team but also their ability to connect with a wide audience through impactful content.

The college congratulates **Team Suhas** for their dedication, teamwork, and for bringing pride to the institution through this significant accomplishment.

Orientation on “Sign Language and Beyond: Communicating with Deaf People”



On the account of **World Deaf Day**, the **Department of Shalakya Tantra** of Sri Jagadguru Gavisiddheshwara Ayurvedic Medical College & Hospital, Koppal, organized an enlightening orientation program titled “**Sign Language and Beyond: Communicating with Deaf People**” on **27th**

November 2025 at 11:00 AM.

The program aimed to raise awareness about deaf culture and improve communication skills for interacting with deaf individuals. **Mr. N.N. Basappa**, Program Manager, Samartya, delivered an insightful talk on the **culture of the deaf community**, the importance of sign language, and effective communication strategies.

Following the talk, **Miss Malanabi Syed** conducted a practical demonstration, teaching basic sign language and methods for effective communication with deaf individuals.

Official Visit: Hon’ble MLA Shri Doddanagouda Patil Visit SJG Ayurvedic Medical College

Sri Jagadguru Gavisiddheshwara Ayurvedic Medical College & Hospital, Koppal, had the honor of receiving an **official visit** from **Hon’ble MLA Shri Doddanagouda Patil** and the **Leader of Opposition**. The visit provided an important opportunity to showcase the institution’s initiatives in healthcare, education, and community service.

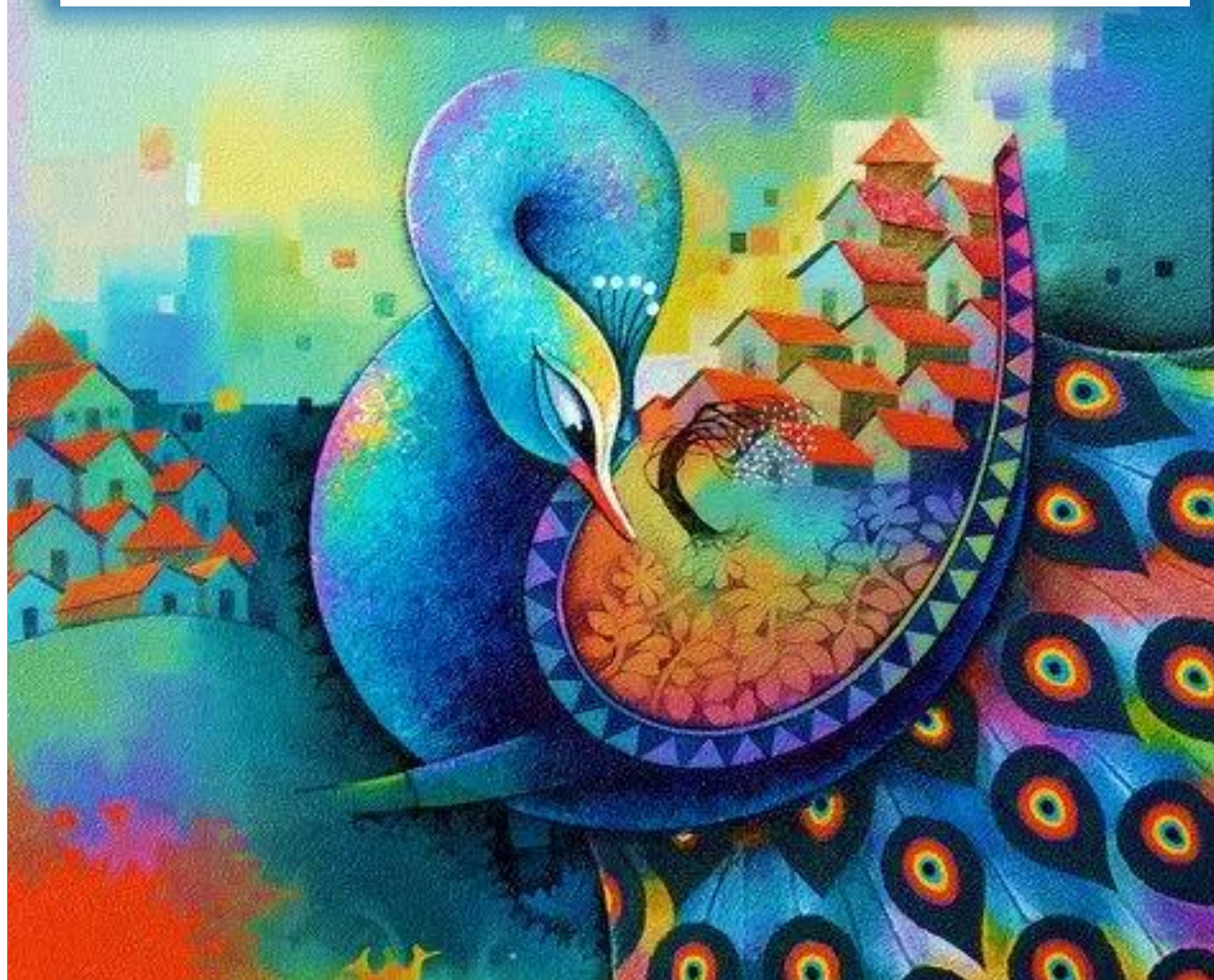


During the visit, they interacted with faculty and management, learning about the institution’s growth, achievements, and ongoing projects. Shri Doddanagouda Patil appreciated the institution for its dedicated efforts in providing **quality medical facilities to the public**, commending the college for its commitment to public health and service.



Creative corner

Celebrating artistic flair and originality



ART AND SOUL



Art By

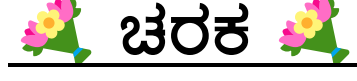
Lakshmi. C

2nd Phase BAMS

SJGAMC Koppal

Where words take flight

FROM THOUGHT TO VERSE



ಚಿಕಿತ್ಸೆಯ ಹೆಸರಲ್ಲಿ ಚರಕನೇ ಮೊದಲು

ನಾವು ನೋಡದ ಪ್ರಪಂಚವನ್ನು ನೋಡಿದವ..

ನಾವೆಂದು ಉಹೇ ಮಾಡಲಾಗದಷ್ಟು ಜ್ಞಾನ ಹೊಂದಿದವ..

ನಿಸ್ವಾರ್ಥದಿಂದ ತನ್ನ ಇಡೀ ಜೀವನವನ್ನೇ ಮುಡಿಪು ಇಟ್ಟಿದವ..

ಎಲ್ಲ ವೈದ್ಯರಿಗೂ ಮಾದರಿಯವ..

ನೂರಾರು ಪೀಳಿಗೆಗೆ ಆರೋಗ್ಯ ಭಾಗ್ಯದ ಮಾರ್ಗ ತೋರಿದವ.

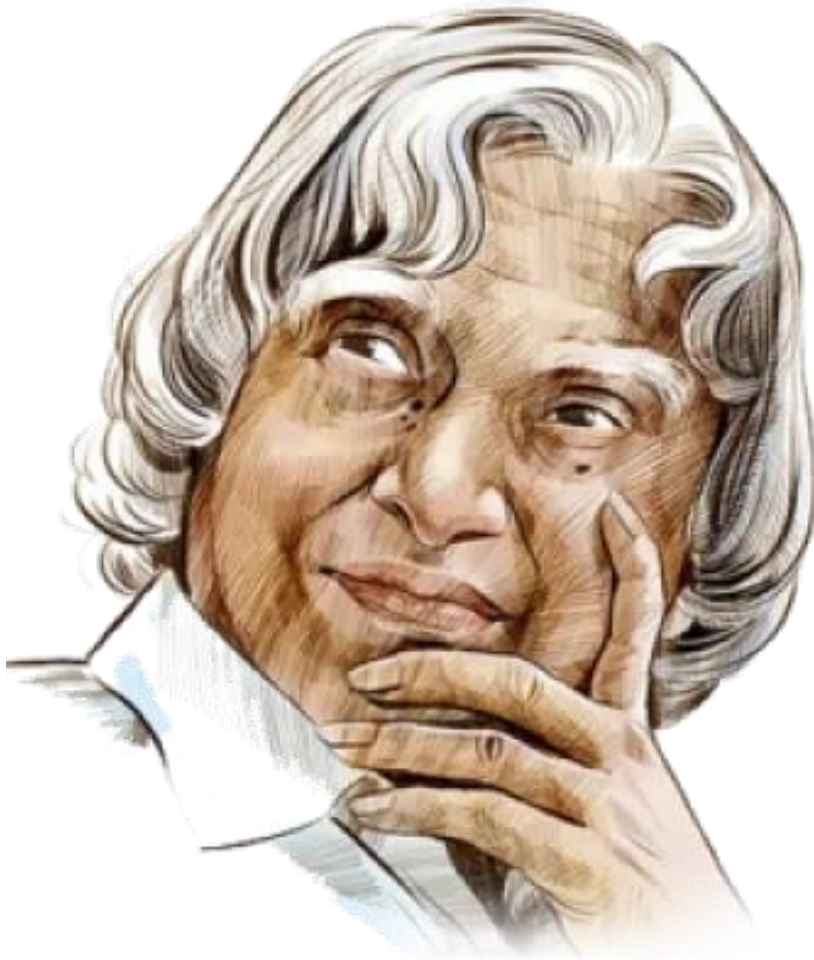
ಅವನೇ ನಮ್ಮ ಚರಕ, ನಮ್ಮ ಚರಕ

By

Lakshmi. C

2nd Phase BAMS

SJGAMC Koppal



**“If you want to shine like a sun, first burn
like a sun”**

– Dr. APJ Abdul Kalam