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**SHREE JAGADGURU GAVISIDDHESHWARA AYURVEDIC
MEDICAL COLLEGE, HOSPITAL, POST GRADUATE
STUDIES & RESEARCH CENTRE, KOPPAL – 583231**
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ACKNOWLEDGMENT

*With immense gratitude and humility, we offer our sincere thanks to **Shree Jagadguru Gavisiddeswara Swamiji**, whose divine presence and spiritual vision continue to inspire and guide us on our path of Ayurvedic wisdom and holistic well-being.*

*We bow with reverence to **Lord Dhanvantari**, the divine physician, whose eternal light illumines our understanding of seasonal balance and the healing rhythms of nature.*

*Our deepest appreciation goes to our respected **Chairman, Shri Sanjay Kotbal Sir**, for his unwavering encouragement and steadfast support. We are especially thankful to our **Chief Editor, Dr. M.M. Salimath Sir**, whose scholarly insight, and editorial excellence have once again shaped this edition with depth, precision, and clarity.*

*We gratefully acknowledge the sincere efforts of the **Editorial Committee**, whose thoughtful planning, dedication, and creative collaboration.*

*Special thanks are due to the **teaching and non-teaching staff, PG scholars, UG students, and interns of SJGAMC**, whose enthusiastic contributions enriched the magazine with insightful articles, reflections, and artistic expressions.*

*We are deeply grateful to our **Principal and Vice Principal** for their steadfast leadership, which continues to propel this initiative forward with integrity and purpose.*

To our beloved readers, your enduring support and appreciation uplift our spirits and inspire us to delve deeper into the timeless science of life.

*Finally, heartfelt thanks to the entire **GAVI KALPATARU** team, whose spirit of unity, dedication, and commitment have transformed this edition into a vibrant celebration of Ayurveda's purity and its healing touch across the world.*

With Warm regards,
The Editor In charge
Dr. Shridharaiah MH
October Edition, 2025

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Principal & Editor's Letter



Dear Readers,

It brings me great joy to share the October 2025 Edition 12 of GAVI KALPATARU. This publication reflects the lively intellectual and cultural spirit of our institution.

Each edition shows the hard work of our students and faculty. Their reflections, research, and creativity give this magazine its energy and character. Thanks to their efforts, our tradition of knowledge, inquiry, and expression grows stronger each month.

This issue brings together a variety of voices and viewpoints, providing readers with insight and inspiration. It is encouraging to see the spirit of learning and sharing continue to shine brightly in our community.

I want to express my gratitude to the editorial team for putting together this edition with such thoughtfulness and care. I hope this publication remains a source of encouragement, connection, and pride for everyone in our institution.

Warm regards,

Dr. M. M. Salimath

Principal & Chief Editor



News Bites

A cozy spot for latest updates.

GAVI DEEPTHI 2K25 – KOUSHALYA BHARATI 2.0

International Seminar Concludes Successfully in Koppal

Koppal, Karnataka — October 12, 2025:

The two-day international seminar “GAVI DEEPTHI 2K25 KOUSHALYA BHARATI 2.0”, organized by Shree Jagadguru Gavisiddheshwara Ayurvedic Medical College & Hospital (SJGAMC&H), Koppal, in association with Arogya Bharati Karnataka North (R), concluded on a grand and academically enriching note at Madhushree Gardens, Koppal.

The seminar, held on October 10 and 11, 2025, brought together 562 delegates including renowned academicians, clinicians, researchers, and students from across India and abroad. The event showcased 19 pharma stalls, fostering an informative and interactive ecosystem for Ayurvedic innovation and industry collaboration.



Inaugural Ceremony Sets Academic Tone

The program was inaugurated by Dr. Ashok Kumar Varshney, National Organising Secretary, Arogya Bharati & Advisor, Ministry of AYUSH, Government of India.



He emphasized Ayurveda’s expanding global relevance and the importance of integrating digital technologies with traditional wisdom.

The keynote address was delivered by Prof. Emeritus Dr. Prasanna Narasimha Rao, Director, SDM Institutions of Ayurveda, who highlighted Ayurveda’s contemporary applications and worldwide acceptance.

Several distinguished guests from SGVV Trust, RGUHS, and leading Ayurvedic institutions graced the ceremony.



Technical Sessions Highlight Modern Perspectives

The two-day seminar featured a wide array of technical sessions led by eminent experts from India and overseas. Topics ranged from:

- Technology in Ayurvedic research
- Contemporary Panchakarma practices for Western healthcare
- Innovations in Ayurvedic surgery and emergency care
- IPR and innovation in Ayurveda
- Clinical evidence-based Ayurveda treatments
- Specialized care in gynaecology, dermatology, and oncology

Each session included active participant engagement, fostering a vibrant academic environment.

Record-breaking Scientific Presentations

The seminar saw 316 scientific paper presentations, conducted across four days in multiple sessions:

- 84 PG and faculty presentations (Oct 6)
- 60 UG presentations (Oct 8)
- 172 presentations during the main seminar (Oct 10–11)

Additionally, 10 poster presentations and 4 working model demonstrations were showcased, judged by experienced faculty from various institutions.

Valedictory Ceremony

The event concluded with a valedictory ceremony presided over by Dr. B. C. Bhagawan, Hon'ble Vice-Chancellor, RGUHS, Bengaluru.

Senate Members of RGUHS and eminent dignitaries from Arogya Bharati and SGVV Trust graced the occasion.

Certificates were distributed to all presenters, winners, and resource persons.



Visit of Mr. Mohammad Mohsin, IAS, Principal Secretary, Medical Education, Government of Karnataka



Sri Jagadguru Gavisiddheshwara Ayurvedic Medical College and Hospital, Koppal, had the honor of welcoming Mr. Mohammad Mohsin, IAS, Principal Secretary, Department of Medical Education, Government of Karnataka, during his friendly visit to the institution.

The college community was delighted to receive him and present an overview of the ongoing academic, clinical, and research activities along with the recent achievements of the institution.

During the visit, Mr. Mohsin appreciated the infrastructure, academic environment, and healthcare services provided by the college and hospital. His encouraging words motivated the staff and students to continue their efforts toward excellence in Ayurvedic education and patient care.

Excellent Results in Final Year BAMS Examination – 2025

Sri Jagadguru Gavisiddheshwara Ayurvedic Medical College and Hospital, Koppal, has achieved outstanding results in the Final Year BAMS Examination – 2025, conducted by Rajiv Gandhi University of Health Sciences, Bengaluru.



The institution proudly announces that a total of **18 students secured Distinction** and **70 students achieved First Class**, with an **overall result of 96.7%**.

This remarkable performance reflects the **dedicated efforts of students**, the **guidance of faculty members**, and the **continuous academic support** provided by the college.

The **Management, Principal, and Staff** of SJGAMC, Koppal, extended their **heartfelt congratulations** to all successful students and wished them great success in their future endeavors.

SHISHIKSHA – Internship Orientation Program 2025

Successfully Conducted at SJGAMC, Koppal

The Internship Orientation Program – SHISHIKSHA for the batch of 2025 was successfully conducted at **Shree Jagadguru Gavisiddheshwara Ayurvedic Medical College & Hospital, Koppal**, from **14th to 29th October 2025**.

The program was organized as per the **NCISM-prescribed uniform module** to prepare newly graduated BAMS students for their compulsory rotatory internship, bridging the gap between academic learning and clinical practice. Over six intensive days of training and interactive sessions totaling **more than 42 hours**, interns were introduced to various aspects of hospital functioning, clinical documentation,

medico-legal responsibilities, NABH standards, AYUSH digital health systems, and communication skills.

The sessions were enriched by expert lectures from eminent faculty and guest speakers including **Dr. Suresh N. Hakkandi, Dr. Gavisiddanagouda Patil, Dr. Rajashekhar Shettar, Dr. Prakash (DLO, Koppal), Dr. Vivekanand Kullolli**, and many others who guided interns on diverse subjects like **Kayachikitsa, Panchakarma, Shalya and Shalakyia Tantra, Swasthavritta, Medico-legal ethics, Emergency care, and Entrepreneurship in AYUSH**.

The program concluded with a **Valedictory Ceremony** held on **29th October 2025** at **Vagbhatta Hall**, featuring a series of dignified events including the **Green Inaugural Ceremony**, report reading, motivational and presidential speeches, and expressions of gratitude. The event was presided over by **Dr. Mahantesh Salimath, Principal**, along with faculty coordinators **Dr. Latha L. U. and Dr. Kumarswamy Kallimath**.



World Sight Day 2025 Observed at SJGAMC, Koppal



The Department of Shalakyatantra of Sri Jagadguru Gavisiddeshwar Ayurvedic Medical College & Hospital, Koppal, observed **World Sight Day 2025** by organizing an **Eye Health Care Awareness and Examination Camp** at **Smt. Sharadamma V. Kotbal College of BBM & BCA, Koppal**, on **15th October 2025**.

The program was **inaugurated by Dr. M. M. Salimath**, Principal, SJGAMC, who highlighted the importance of regular eye check-ups and preventive eye care.

Dr. Anita Kulkarni, from the Department of Shalakyatantra, delivered an **informative and interactive session on eye health and hygiene**, educating students about common eye problems and their prevention through Ayurvedic principles and lifestyle practices.

Following the awareness session, a **free eye screening camp** was conducted, benefiting **59 students**.

World Arthritis Day Observed at SJGAMCH, Koppal



The Department of Kaya Chikitsa of Sri Jagadguru Gavisiddeshwar Ayurvedic Medical College & Hospital, Koppal, observed **World Arthritis Day** with the theme *“Achieve Your Dreams.”*

On this occasion, an **exhibition** was organized for the **public attending the OPD of SJGAMC Hospital**. The **final-year BAMS students** actively participated and **educated the visitors about joint health, various joint disorders, their Ayurvedic treatment, and the role of diet and lifestyle modifications** in maintaining healthy joints.

The exhibition was **inaugurated by Principal Dr. M. M. Salimath**, who addressed the students and the public, emphasizing the **importance of creating awareness about arthritis** and encouraging preventive health practices.

World Alzheimer’s Day 2025 Observed at SJGAMCH

The Department of Kaya Chikitsa of Sri Jagadguru Gavisiddeshwar Ayurvedic Medical College & Hospital, Koppal, observed **World Alzheimer’s Day 2025** with the theme *“Ask About Dementia. Ask About Alzheimer’s.”*

To mark the occasion, a **Drawing Competition** was organized for students under the title “**Glimpse of the Art,**” encouraging them to express their understanding and awareness about Alzheimer’s disease through creative artwork.

The event aimed to spread awareness about **dementia and Alzheimer’s disease**, highlighting the importance of early diagnosis, care, and compassion for those affected.

SJGAMC Student Wins District Level Speech Competition



It is a proud moment for **Sri Jagadguru Gavisiddeshwar Ayurvedic Medical College and Hospital, Koppal**, as **Ms. Anushree M. Ullatti** from the **Prajnana Batch** won the **District Level Speech Competition** at *Yuva Janaosthava* held on **17th October 2025**.

With her remarkable speaking skills and confident presentation, Anushree secured the **first place** and has been **selected for the State Level Competition** for the **second consecutive year**, marking another outstanding achievement in her academic journey.

The **Principal, Dr. Mahantesh M. Salimath**, along with all the **faculty members**, congratulated Anushree for her commendable performance and extended their **best wishes** for her success at the state level.

Sharad Ritu Detoxification Camp at SJG Ayurvedic Medical College, Koppal

Sri Jagadguru Gavisiddeshwar Ayurvedic Medical College and Hospital, Postgraduate Studies and Research Centre, Sri Gavi Math Campus, Koppal, successfully organized a **Sharad Ritu Detoxification Camp** from **27th October 2025 to 22nd November 2025**.



According to **Ayurveda**, seasonal changes bring natural variations in the body, leading to the accumulation of impurities due to factors such as polluted air, water, irregular diet, bad habits, and hereditary influences. To maintain balance and health, these impurities should be regularly eliminated.

During **Sharad Ritu (autumn season)**, the **Pitta Dosha** tends to increase, leading to ailments like acidity, arthritis, lethargy, and mental stress. To counter these effects, the camp focused on **Virechana Karma**, a cleansing therapy that helps remove toxins and purify the body.

Benefits of Virechana Therapy

- Cleanses the body and slows down ageing
- Prevents chronic diseases
- Improves enthusiasm and reduces laziness
- Offers relief from acidity, arthritis, obesity, skin diseases, blood pressure issues, and more
- Helps prevent hereditary disorders

The camp was led by expert Ayurvedic physicians **Dr. Suresh N. Hakkandi, Dr. Latha U., Dr. Chaitralakshmi K. N., Dr. Priyanka S. R., and Dr. Bhavani Chalal.**

Faculty Research Project Inaugurated at SJG Ayurvedic Medical College, Koppal

28th November, a **Faculty Research Project** activity from the **Department of Dravyaguna** was inaugurated at **SJG Ayurvedic Medical College & Hospital, Koppal**.

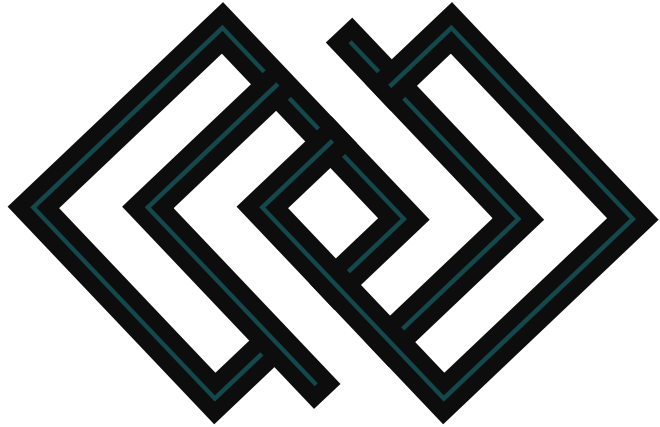
The project, **funded by RGUHS, Bengaluru**, is titled *“Preparation, Standardization & Crop Yield Efficacy of Modified Vegetarian Kunapajala on Godhuma (Triticum aestivum Linn.) – An Experimental Study.”*

The inauguration was done by **Principal Dr. Mahantesh M. Salimath**, in the presence of college faculties and staff members. The research is led by **Dr. Gangadhar T. Aralelimath** (Principal Investigator) and **Dr. Ashwini Hiremath** (Co-Principal Investigator).

As part of the study, **wheat cultivation** has been initiated at the **SJG Herbal Garden**, where the crop is divided into **six groups with four replicas** for scientific comparison and analysis.

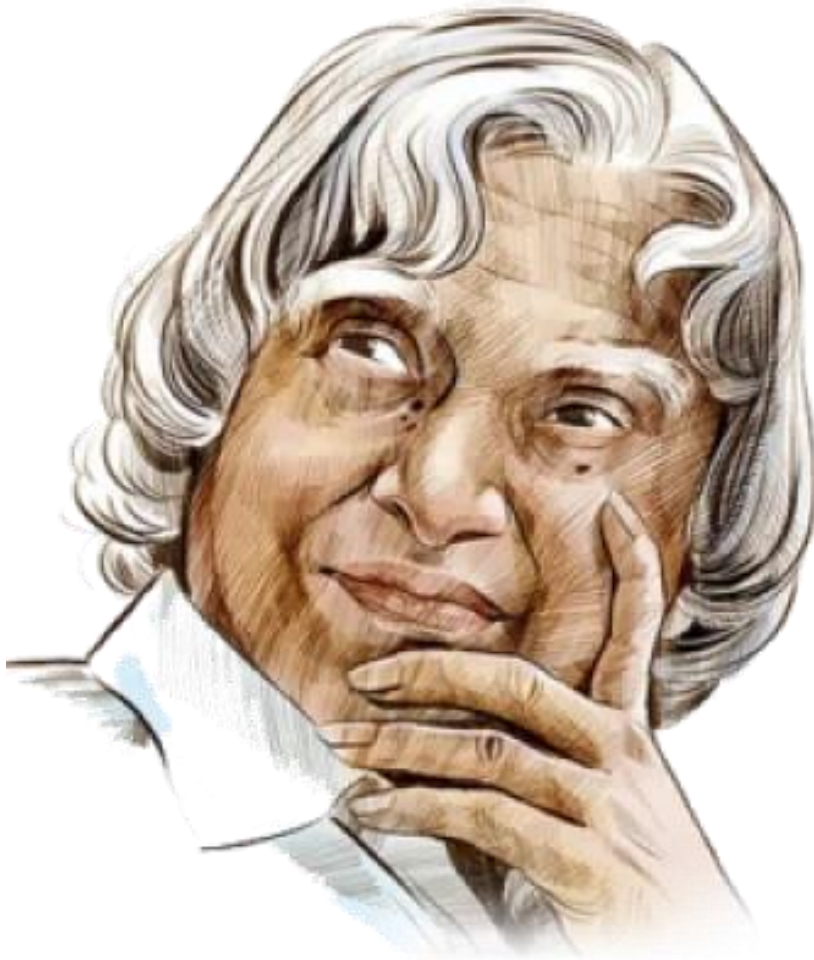
This project aims to explore the effectiveness of the **Modified Vegetarian Kunapajala**, a traditional organic fertilizer, on the **growth and yield of wheat crops**, contributing to sustainable agricultural research through Ayurvedic principles.





Knowledge Hub

**EXPLORING IDEA AND
DISCOVERIES BY STAFF AND
STUDENTS**



**“If you want to shine like a sun, first burn
like a sun”**

– Dr. APJ Abdul Kalam